

North Parmelia Now

News 2 Term 1
17 February 2022

Together we will be DARING and ROBUST learners.

Dear Parents and Caregivers

I would like to thank and congratulate the school community for the manner in which they are conducting themselves in response to the current COVID-19 situation. Parents and carers are generally following the health orders and are showing a great deal of patience as we all try to work through the current set of circumstances. Thankyou! Our focus is to maximise the safety of the students, their families and the staff while endeavouring to keep things as normal as possible for the students. Following government directives, a number of extra-curricular activities have been cancelled or postponed, but we hope that as we adjust to “living with COVID” we will be able to resume activities such as assemblies and whole-school events. We are hoping that this will occur for the commencement of Term 2.

The teaching of literacy and numeracy will continue to be a focus at North Parmelia PS. These areas make up 50% of all we do. Parents can assist by encouraging their children to read at home and to strive hard to achieve their best. Parents can also assist their children with learning the 1000 NPPS sight words. These words will provide the children with a bank of words that they can read, spell and use in their writing.

Over the years the P and C have made a generous financial contribution to the school. These funds support the Athletics and Reading Eggs Programs, Hip Hop, the Physical Education Program, the bus for swimming lessons and much more. The members of the P and C are superb supporters of our school and do a fine job. Throughout 2021 the P and C worked tirelessly. The year culminated brilliantly with the 50th Anniversary celebrations. I would like to once again thank the P and C for their incredible support of our school.

Important aspects of your child’s school life to be aware of are attendance, punctuality and organisation. Please encourage your child to go to bed at a reasonable time so that they are alert and ready to engage in the classroom program when they are at school. They should attend school every day they are able to, arrive at 8.30 am and come with the necessary requirements to complete their school work. Children should come to school following a wholesome breakfast and with a healthy recess and lunch, including fruit and water. Children should also attend school in school uniform, with a hat and appropriate footwear. Please be aware of how your child is getting to and from school. In this warmer weather, students are encouraged to stay out of bush areas for fear of snakes.

By establishing good habits now, you will be setting your child up to experience success at school and also in relation to their later life. If they are absent please provide an explanation via a note, email or via a phone call.

In summary, the school’s vision is “Together, we will be daring and robust learners.” A child will achieve their best results at school when the school, parents and child are working together and supporting each other.

**Peter Elsegood
Principal**

We would like to acknowledge the traditional custodians of this land and waters of Australia and the Torres Strait. We respect all Aboriginal and Torres Strait people - their customs and their beliefs. We also pay our respects to elders past and present with particular acknowledgement to the Whadjuk people of the Noongar nation, the traditional owners of the land that our school is built upon.



Durrant Avenue, Parmelia WA 6167
Telephone: 086173 8500
Website: <http://www.npps.wa.edu.au>
Email: Northparmelia.ps@education.wa.edu.au



North Parmelia School Durrant Ave Parmelia 6167
E mail NorthParmelia.ps@education.wa.edu.au

Tel No. 6173 8500

Hello,

The Kwinana Tigers Hockey Club will be running hockey clinics for North Parmelia students from Year's 1-6. They will take place Thursday mornings on the top oval from 8:00-8:40 am on these dates;

- 10th February
- 17th February
- 24th February
- 3rd March
- 10th March

Clinics are free of charge.

These clinics will be open to the first 30 students to arrive ready for action for each session. They will take place on the oval and be run by The Kwinana Tigers. The sessions will be held in a fun, friendly, participative, safe environment.

Students who attend these sessions will be invited to the North Parmelia Community Hockey Tournament to be held on Tuesday the 5th April (9-10:30am). We would love parents, guardians, ex-students and staff to join in on the fun for the tournament.

Thank you,

Jenni Lear
Kwinana Tigers Hockey Club

&

Steven Tang
PE teacher
North Parmelia Primary





EMERGENCY FOOD ACCESS SERVICE

FREE CALL 1800 979 777

We're here to help!

Are there families in your school community experiencing food insecurity? The Emergency Relief and Food Access Service (ERFAS) provides members of the community with access to emergency relief, food or financial counselling.

The Access Service is operated by experienced financial support workers who will identify the support that callers are eligible for in their local area, including access to Foodbank and our Mobile Foodbank service.

Families in need can contact the Access Service by calling 1800 979 777 between 9am-5pm Monday to Friday (excluding public holidays).

FOODBANK.ORG.AU

Art Class!

8-12 year olds



Join Ash on Wednesday afternoons in March to learn to draw, paint and make things! This creative art club offers after-school art activities with all materials provided!

Wednesdays 3:30 - 4:30pm
Five week term beginning March 2nd
David Nelson Art & Design Room
Daruis Wells Library & Resource Centre

Term cost - \$110 per student
email to reserve a spot: ashleighfrost@hotmail.com



Child and Parent Centre
Calista



Child and Parent Centre
CALISTA

Program Term 1

31 January 2022 – 8 April 2022

In partnership with  **ngala-**
Raising Happiness

Early Learning Fun

We kindly ask that you only book into one of our early learning programs to give other families the opportunity to come and play.

*** Cuddly Koalas Babies (6-12 months)**
Meet other parents, talk about all aspects of early parenting, while learning fun ways of bonding with your baby and use sensory play for healthy brain development.
Mondays, 12.30pm to 1.30pm

*** Cuddly Koalas Sing&Grow (0-8 months)**
Have fun singing and bonding with your baby in a friendly, relaxed environment. Facilitated by a Sing&Grow Music Therapist and supported by Ngala staff. 8 sessions.
Tuesdays, 10am to 11am
(Starts: 8 Feb)

*** Sing&Grow (2-5 years)**
Have fun making music together and learn new ways to support child development. Facilitated by a Sing&Grow Music Therapist and supported by Ngala staff. 8 sessions.
Tuesdays, 1pm to 2.30pm
(Starts: 8 Feb)

*** Playful Possums (0-5 years)**
Come along and join your child in exploring our new nature play space. Discover exciting ways to develop their confidence and physical skills through play experiences.
Wednesdays, 9am to 10.30am
(Starts: 9 Feb)

NEW * Busy Book Bugs (1-4 years)
Join us in building on your child's love of sharing stories and take away fun ideas to explore at home.
Thursdays, 1pm to 2pm
(Starts: 10 Feb)

Parents Connect

*** MyTime (0-18 years)**
Opportunity to relax and connect with other parents and carers of children with additional needs. Children are welcome.

Mondays, 9.30am to 11.30am
(Starts: 7 Feb)

Early Parenting Group (0-3 months)
Delivered online by your local Child Health Nurses for families with newborn babies. 4 sessions. Phone 1300 749 869 or book online at healthywa.wa.gov.au.
Tuesdays, 9.30am to 11.30am
(Starts: 1 Feb, 1 March & 29 March)



Family Support

Empowering families - Relationships Australia WA
Are you or the children feeling stuck, overwhelmed, facing life's challenges? We can work with you to improve your situation.
Call 6154 0500 for more information.
Wednesdays 8:30am – 12:30pm

Ngala Parenting Line (0-18 years)
Talk about your parent concerns with a friendly expert from Ngala.
Call 9368 9368. 7 days a week, 8am to 8pm.



Child and Parent Centre
Callista

Child Health

Purple Book Appointments

Make an appointment for your child's developmental checks at 8 weeks, 4 months, 12 months, and 2 years. Call 1300 749 869 to book.



Speech

* Speech & Language Chat

Have you got concerns about your child's talking and understanding? Book a time to receive a call from our friendly Speech Pathologist to talk about your concerns.

Wednesdays, 1pm – 4pm
16th Feb and 16th March

Has your child had their 2 year old check?

Contact your Child Health Team on 1300 749 869 to book an appointment.

Parenting Programs and Workshops

Date	Day	Time	Program	Description
9 Feb	Wed	12.30pm to 2.30pm	* Mindful Parenting (all ages)	Bringing mindfulness strategies to parenting. Crèche provided by Ngala.
23 Feb	Wed	12.30pm to 1.15pm	* Triple P: Separation Anxiety (3-5 years)	Discuss strategies on helping your child feel secure when separated from you. Crèche provided by Ngala.
		1.45pm to 2.30pm	* Triple P: Childhood Fears (4-6 years)	How to best support children experiencing anxiety. Crèche provided by Ngala.
11 Mar	Fri	9am to 12pm	* Heart Beat Club (0-5 years)	CPR and first aid course designed specifically for parents of young children. Held at the Darius Wells Library and Resource Centre. Crèche available through Toddler Town 9236 4320.
Date	Day	Time	Ngala Sleep Series	Join our Child and Parent Centre – Callista Facebook Group
4 Feb	Fri	11am	0 - 4 months	Find out about children's sleep patterns and how to help them sleep well.
18 Feb	Fri	11am	4 - 6 months	
4 Mar	Fri	11am	6 months and over	
18 Mar	Fri	11am	Moving from a cot to a bed	

* Bookings for all programs and workshops are essential. Please call 08 9367 0960 or email at callista@ngala.com.au to book or for more information.

Would you like to volunteer?

We are looking for playgroup assistants who are interested in providing age appropriate play spaces for children from birth to 8 years. Make a difference in your community phone us on 9367 0960.



Would you like to help your child become confident at reading and writing? Follow

Paint Kwinana REaD

on Facebook to get lots of great tips and join Karak's adventures in Kwinana.



COVID 19

We continue to follow the guidelines set by the Department of Health and request that families remain at home if unwell. Thank you for your support.

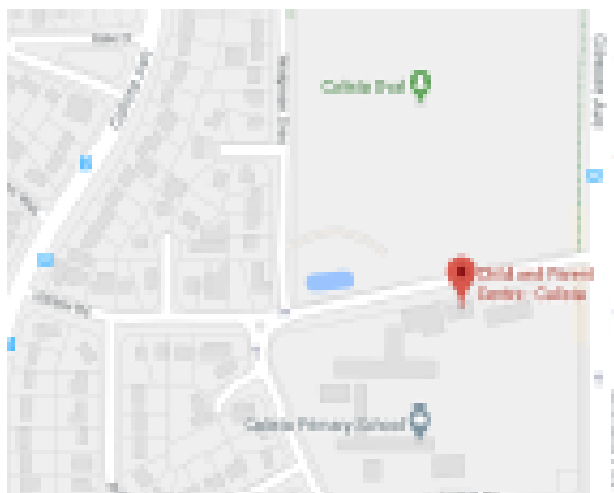
 ngala

PARENTING LINE

8am-8pm
7 days
Ages 0-18yrs

9368 9368
Country: 1800 111 546

The Parenting Line is provided by Ngala and funded by the State Government through the Department of Communities and Child & Adolescent Health Services.



Map data © 2018 Google

Child and Parent Centre – Calista

Harlow Road, Callista WA 6167

Phone: 08 9367 0960

Mobile: 0451 002 886

Email: calista@ngala.com.au

childandparentcentres.wa.edu.au/calista